

Inverse Shell Theorem Via Hypothetical Simple Harmonic Motion: A Backward Approach from Dynamics

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Abstract: We present a reverse dynamical derivation of the shell theorem by assuming, hypothetically, that a particle inside a hollow spherical shell experiences a nonzero gravitational force. Such an assumption, constrained by spherical symmetry, necessarily leads to simple harmonic motion about the center. We demonstrate that this motion is incompatible with Newtonian gravity through multiple independent arguments, including violations of Gauss's law and Laplace's equation, contradictions with energy conservation and momentum conservation, and the absence of any physical mechanism capable of supporting a restoring force inside an empty cavity. This backward approach shows that the vanishing of the gravitational field inside a hollow shell is not merely a result of symmetry or integration, but a fundamental requirement imposed by the internal consistency of gravitational theory.

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I. INTRODUCTION

The shell theorem is one of the most celebrated results in Newtonian gravity, stating that a test particle placed anywhere inside a hollow spherical shell of uniform mass experiences no net gravitational force. Standard derivations rely on direct integration over the mass distribution or qualitative symmetry-based arguments, both of which emphasize force cancellation between opposing mass elements.

In this work, we adopt a fundamentally different perspective. Rather than proving that forces cancel, we assume the opposite: that gravitational forces inside the shell do not cancel perfectly. We then investigate the dynamical and theoretical consequences of this assumption. Because the system is spherically symmetric, any such force must be radial and must vanish at the center, implying that the center is an equilibrium point. Under these constraints, the only possible form of motion consistent with the assumption of a nonzero force is simple harmonic motion about the center.

This hypothetical scenario provides a powerful diagnostic tool. If simple harmonic motion were possible inside the cavity, it would require a gravitational field, potential, and energy structure consistent with Newtonian gravity in a mass-free region. By explicitly examining these requirements, we show that the assumed motion leads to multiple, mutually independent contradictions with fundamental principles, including Gauss's law, Laplace's equation, energy conservation, momentum conservation,

and symmetry considerations.

The purpose of this paper is therefore not to re-derive the shell theorem in its conventional form, but to demonstrate that any deviation from exact force cancellation inside a hollow spherical shell is physically impossible. The shell theorem emerges naturally as the only configuration compatible with the self-consistency of Newtonian gravitational theory. In this sense, the result is not merely a theorem of geometry, but a structural necessity of classical gravity.

II. HYPOTHETICAL SCENARIO: SHM INSIDE A HOLLOW SHELL

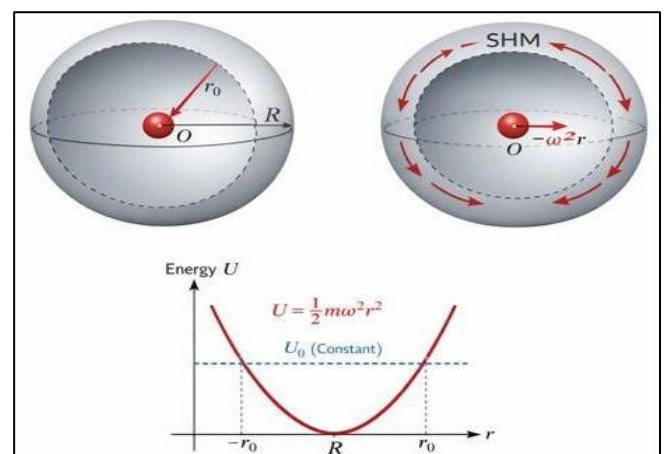


Fig 1 Particle in Spherical Shell System

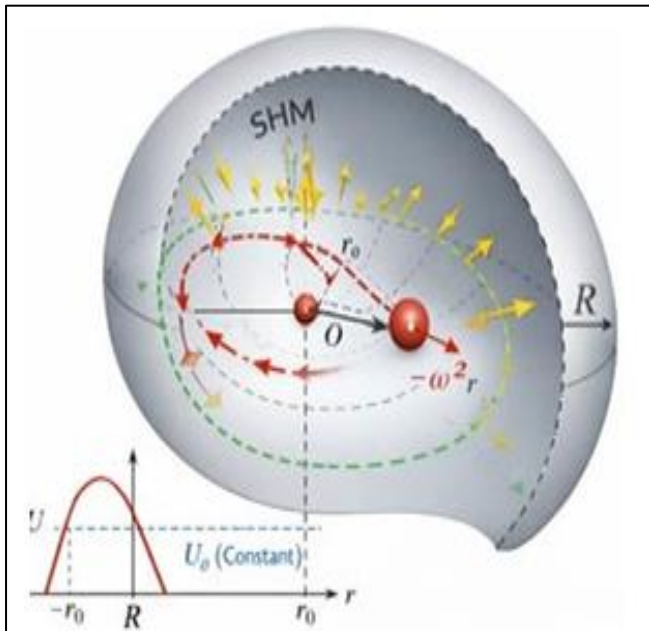


Fig 2 Oscillating Particle in Spherical Shell

2. Hypothetical Scenario: SHM Inside a Hollow Shell

Consider a hollow spherical shell of radius R and total mass M , with a particle of mass m released from rest at a distance $r_0 < R$ from the center.

Assume the forces inside the shell do **not** cancel. By symmetry:

- The net force must be radial.
- The center acts as an equilibrium point.
- The particle would oscillate, reversing direction upon crossing the center.

This naturally leads to simple harmonic motion:

$$\mathbf{F}(r) = -m\omega^2 \mathbf{r}, \quad \mathbf{a}(r) = -\omega^2 \mathbf{r}$$

where ω is the angular frequency of oscillation and r is the radial displacement from the center.

Step 1: Velocity as a function of displacement

Using energy conservation (typical for SHM):

$$\frac{1}{2}mv^2 + \frac{1}{2}m\omega^2 r^2 = \frac{1}{2}m\omega^2 r_0^2$$

$$v(r) = \frac{dr}{dt} = \sqrt{\omega^2(r_0^2 - r^2)}$$

Step 2: Oscillation period

$$T = \frac{2\pi}{\omega}$$

If this were real, the particle would oscillate inside a sphere of radius r_0 . We now examine whether such motion is consistent with Newtonian gravity.

III. THEORETICAL INCONSISTENCIES (DETAILED CALCULATIONS)

3.1 Divergence of the Hypothetical Field

Assume the gravitational field corresponding to the SHM is:

$$\mathbf{g}(r) = -\omega^2 \mathbf{r}$$

The divergence in spherical coordinates is:

$$\nabla \cdot \mathbf{g} = \frac{1}{r^2} \frac{\partial}{\partial r} (r^2 g_r)$$

where $g_r = -\omega^2 r$.

Step-by-step:

1. Multiply by r^2 : $r^2 g_r = -\omega^2 r^3$
2. Differentiate: $\frac{\partial}{\partial r} (-\omega^2 r^3) = -3\omega^2 r^2$
3. Divide by r^2 : $\nabla \cdot \mathbf{g} = -3\omega^2 \neq 0$

Compare with Gauss's law for gravity:

$$\nabla \cdot \mathbf{g} = -4\pi G\rho$$

Inside the hollow shell: $\rho = 0 \Rightarrow \nabla \cdot \mathbf{g} = 0$.

- *Contradiction: SHM Implies a Nonzero Divergence in a Mass-Free Region—Impossible.*

3.2 Laplace's Equation Check

Gravitational potential for SHM:

$$\Phi(r) = \frac{1}{2}\omega^2 r^2$$

Laplace's equation in spherical coordinates:

$$\nabla^2 \Phi = \frac{1}{r^2} \frac{d}{dr} \left(r^2 \frac{d\Phi}{dr} \right)$$

- *Contradiction: The Quadratic Potential is Inconsistent with an Empty Cavity.*

3.3 Symmetry and Taylor Expansion Argument (Elaborated)

Consider a particle slightly displaced from the center of a hollow spherical shell. By the **spherical symmetry** of the shell, any gravitational force acting on the particle must be **radial**, pointing along the line connecting the particle to the center:

$$\mathbf{F}(r) = F_r(r)\hat{\mathbf{r}}.$$

The center of the shell is an equilibrium point, so at $r = 0$, the force must vanish:

$$F_r(0) = 0.$$

For the particle to undergo simple **harmonic motion** (SHM), the force must vary **linearly** with displacement:

$$F_r(r) \propto r.$$

We can formally expand any physically allowed force in a **Taylor series** around the center:

$$F_r(r) = F_r(0) + F'_r(0)r + \frac{1}{2}F''_r(0)r^2 + \dots = 0 + 0 \cdot r + \mathcal{O}(r^2),$$

since there is no internal mass to generate a linear term.

Therefore, the particle cannot experience a linear restoring force, and SHM is impossible. This argument relies solely on symmetry and stability considerations, independent of Gauss's law or Laplace's equation.

3.4 Potential Energy Consistency Argument (Elaborated)

Simple harmonic motion requires a **quadratic potential**:

$$\Phi(r) = \frac{1}{2}\omega^2 r^2.$$

The gravitational potential energy of a test particle is

$$U = m\Phi(r).$$

Inside a hollow shell, **no mass exists** to generate a spatially varying potential. In Newtonian gravity, the potential in an empty region must be **constant**, as there is no source to create gradients.

If the particle were hypothetically in a quadratic potential, it would imply the presence of a fictitious mass distribution inside the shell, which contradicts the physical reality of the hollow cavity. Thus, the quadratic potential required for SHM is physically impossible, providing an independent energy-based argument against non-cancelling forces inside the shell.

➤ *Center-of-Mass/Momentum Conservation Argument (Elaborated)*

Consider the particle and shell as a single, isolated system. According to Newton's third law, any force on the particle due to the shell must produce an equal and opposite force on the shell.

Assume, hypothetically, that the particle experiences a net radial force toward the center, as would be required for

SHM. The shell would then experience an equal force outward.

However, the shell is rigid, spherically symmetric, and isolated, so the center of mass of the system cannot move spontaneously. Any net acceleration of the particle toward the center would require the shell to move outward to conserve momentum, violating the assumption of a fixed, symmetric shell.

Therefore, from a dynamical perspective, SHM inside a hollow shell is impossible. This argument is independent of Gauss's law, Laplace's equation, or potential energy considerations, relying purely on momentum conservation and system symmetry.

➤ *Summary of Independent Arguments*

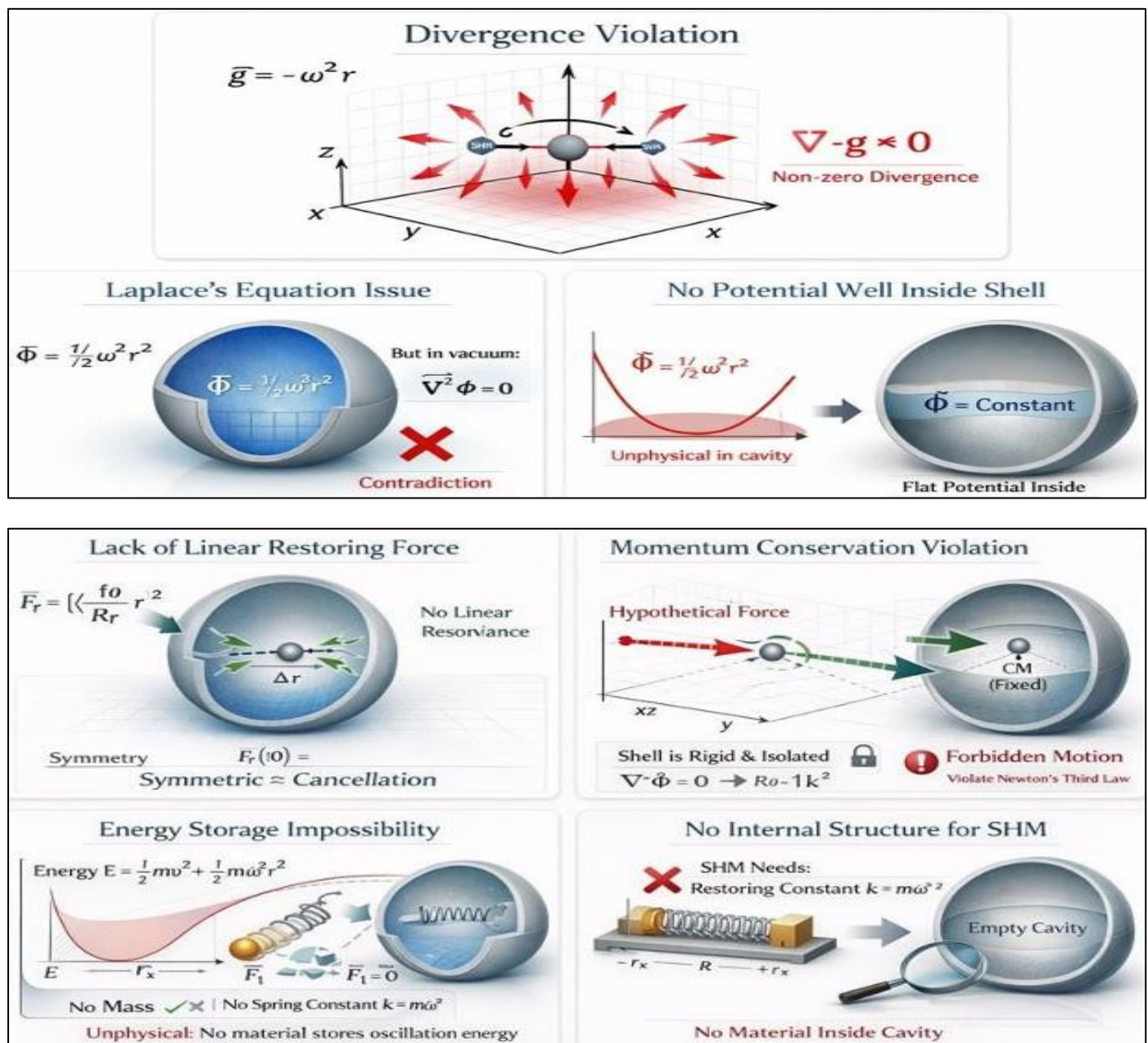


Fig 3 Scientific Paradoxes in Motion and Potential

Together with the earlier divergence and Laplace checks, these arguments provide a multi-perspective proof that SHM is impossible inside a hollow spherical shell:

- Symmetry/Taylor Expansion: No linear restoring force exists.
- Potential Energy: Quadratic potential cannot exist in vacuum.
- Momentum Conservation: Net force would violate the center-of-mass constraint.
- Gauss/Laplace: Field equations cannot support nonzero forces in empty space.

Collectively, they reinforce the inverse shell theorem, showing that exact cancellation of gravitational forces is mandatory.

➤ *Backwards Proof: Inverse Shell Theorem*

- *From the above:*
- ✓ Hypothetical non-cancellation \Rightarrow SHM inside cavity
- ✓ SHM \Rightarrow violates field equations, energy, or momentum constraints
- ✓ These contradictions show that Newtonian gravity forbids such motion

Net gravitational force inside a hollow spherical shell must be zero. \text{Net gravitational force inside a hollow spherical shell must be zero.} \therefore \text{Net gravitational force inside a hollow spherical shell must be zero.} This is a backwards derivation of the shell theorem — an inverse shell theorem.

IV. DISCUSSION

The analysis presented in this work departs fundamentally from the traditional derivations of the shell theorem. Rather than beginning with mass integration or symmetry-based force cancellation, we adopted a reverse dynamical perspective: we assumed that force cancellation inside a hollow spherical shell fails and examined the physical consequences of that assumption.

This backward approach proves to be remarkably restrictive. Any non-zero force inside the cavity necessarily implies simple harmonic motion, since the center of the shell is the only point compatible with equilibrium and spherical symmetry. However, once this dynamical assumption is translated into field-theoretic, energetic, and mechanical language, it collapses under multiple independent inconsistencies.

First, the assumed SHM field produces a nonzero divergence in a region devoid of mass, directly violating Gauss's law for gravity. Independently, the associated quadratic potential fails to satisfy Laplace's equation, which must hold in any mass-free region. These two contradictions alone are sufficient to rule out the existence of a restoring gravitational field inside the shell.

Beyond field equations, purely mechanical considerations reinforce this conclusion. Symmetry and Taylor expansion arguments show that no linear restoring term can arise at the center of an empty spherical cavity. Energy considerations further demonstrate that SHM would require a physical mechanism to store and exchange potential energy, which does not exist inside the hollow shell. From a global dynamical standpoint, conservation of momentum forbids any net internal force on the particle without inducing motion of the shell itself, contradicting the rigidity and symmetry of the system.

Taken together, these arguments reveal an important unifying insight: any deviation from exact force cancellation inside a hollow shell necessarily introduces fictitious structure, such as phantom mass density, unphysical energy reservoirs, or forbidden center-of-mass motion. The impossibility of SHM inside the cavity is therefore not a consequence of any single principle, but a manifestation of the deep mutual consistency required between dynamics, field theory, symmetry, and conservation laws in Newtonian gravity.

This perspective elevates the shell theorem from a geometric curiosity to a structural necessity. The vanishing of the gravitational field inside a hollow spherical shell is not merely a result of symmetry, but the only configuration compatible with the fundamental laws governing gravitational interaction. In this sense, the shell theorem is not just true — it is inevitable.

V. CONCLUSION

By assuming the possibility of simple harmonic motion inside a hollow spherical shell and tracing its consequences, we demonstrated that this hypothesis leads to irreconcilable contradictions with Newtonian gravity. The implied gravitational field violates Gauss's law and Laplace's equation, fails energy consistency, contradicts symmetry requirements, and breaks momentum conservation. These failures arise independently and do not rely on the classical shell theorem or direct force cancellation arguments. Consequently, the vanishing of the gravitational field inside a hollow shell is not merely a result of symmetry but a fundamental necessity enforced by the internal consistency of gravitational theory. The shell theorem thus emerges not as an assumption, but as an unavoidable consequence of physical law.

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